

SAN DIEGO ACTIVE

# Enjoy The View

The most spectacular vistas San Diego has to offer—guaranteed to take your mind off the hard work you're putting in as you run.

## 1. SUNSET CLIFFS

6.1 miles \* MODERATE

*Start at Ocean Beach Dog Beach, run toward the Ocean Beach Pier and weave your way along Pescadero Drive to the ocean. Run up Sunset Cliffs Boulevard to Sunset Cliffs Park and then make your way back.*

Sunset Cliffs offer one of the best ocean views in San Diego. After reaching the coast, this path will take you high above the ocean, with rocky cliffs and breaking waves below. Most of the path is off the street, and once you reach Sunset Cliffs Park, there are plenty of dirt trails to wind along, extending your run if you wish.

## 2. PACIFIC BEACH BOARDWALK

6.1 miles \* EASY

*Start at Ocean Boulevard and Loring Street and run along the ocean to the jetty and back. Or park at the jetty off Mission Boulevard and run the route in reverse.*

This completely flat path stays away from traffic and takes you right along the beach and past Belmont Park. Get a close-up view of surfers, volleyball players, and beach bunnies, along with the crashing ocean waves. Parts of the path, especially around Belmont Park and Crystal Pier, can be overcrowded with tourists, so be prepared to people-dodge as you people-watch. If it's too busy, you can always move your run to the beach.

### 3. TORREY PINES

2 miles \* **DIFFICULT**

*Start in the Torrey Pines State Natural Reserve lot on North Torrey Pines Road and walk the steep park road into the park. There you have multiple options for routes to trace, including the Guy Fleming Trail or the Razor Point Trail.*

The trail up to Torrey Pines requires challenging climbs that will test both your bum and your heart rate, but if you make it, you will be rewarded with jaw-dropping views. All trails in the park come to the edges of sweeping cliffs that overlook the ocean and crashing surf below. If you time it right, you will see spectacular sunsets. It's all completely worth the \$10 parking fee. Edward Agunos, the head organizer of the San Diego Running Group, says these trails are his favorites, "hands down," for a good view.

### 4. OCEAN PATH IN LA JOLLA

Out and back is 3.3 miles \* **MODERATE**

*Start at the intersection of Coast Boulevard and Prospect Street and run along Coast Boulevard, around Ellen Browning Scripps Park and then follow the Coast Walk Trail past the La Jolla Caves.*

This path takes you along the rocky shores of La Jolla, past sights like the Museum of Contemporary Art and the Children's Pool. Absorb the gorgeous ocean views and watch swimmers, surfers, scuba divers, and seal-loving environmentalists—along with the seals themselves, for the time being—as you run. You can also extend your run to La Jolla Shores Park and through the Scripps Institution of Oceanography campus.

