



PLNU Staff & Faculty:

We would like to welcome Point Loma Sports Club as the newest partner of PLNU Athletics! Point Loma Sports Club strives to continuously create a culture that enhances the physical, the emotional, and the spiritual well being of every individual that walks through their doors. Located right down the hill in **Liberty Station**, PLSC is far more than your typical health club, along with fitness equipment, saunas, locker rooms, training and more, they also offer dozens of classes each week from yoga to zumba to pilates to self-defense and full circuit training, plus many others... these classes are **all included** in the price of your membership!

We are extremely excited to have Point Loma Sports Club onboard as a partner of PLNU Athletics! They have been kind enough to offer all PLNU staff, faculty, and staff/faculty family members a **special discounted rate of...**

\$199 one-time enrollment fee (regularly \$349)
\$59 per month membership (regularly \$68/mo)

To learn more about Point Loma Sports Club or to sign up for your PLNU membership at PLSC, visit this link [PLSC Virtual Tour & Sign Up](#) or call [619.582.2582](tel:619.582.2582).

We also encourage you to swing by their incredible state-of-the-art facility and take a look yourself.

Here's to health and happiness... GO SEA LIONS!