



Save More. Live Better.

With the ChooseHealthy® program, offered by your health plan, you can save more on wellness products and services and be empowered with health improvement tools to help you live better every day.

The program allows you to:

- Get discounts from 10% to 50% on popular health and fitness brands
- Enroll in the **Active&Fit Direct™** program and find a fitness center or exercise studio, stay active at home with digital workouts, and more for just **\$25 a month*** (see reverse for details)
- Save 25% on services from specialty health care practitioners
- Learn from evidence-based, online health classes and articles offered at no extra cost

Learn more or access these services by visiting shpbesthealth.com

